

Motivational Values

Purpose

Many of us assume we know our values without taking the time to articulate or prioritize them. When conscious of the values that motivate us, we can more clearly communicate them and mitigate any tension that may arise from lack of motivational awareness.

Objectives

- To help those within the systems we work to reflect on their values in a simple and accessible way
- To understand the rationale and benefits of working on a values level



Facilitation Observations