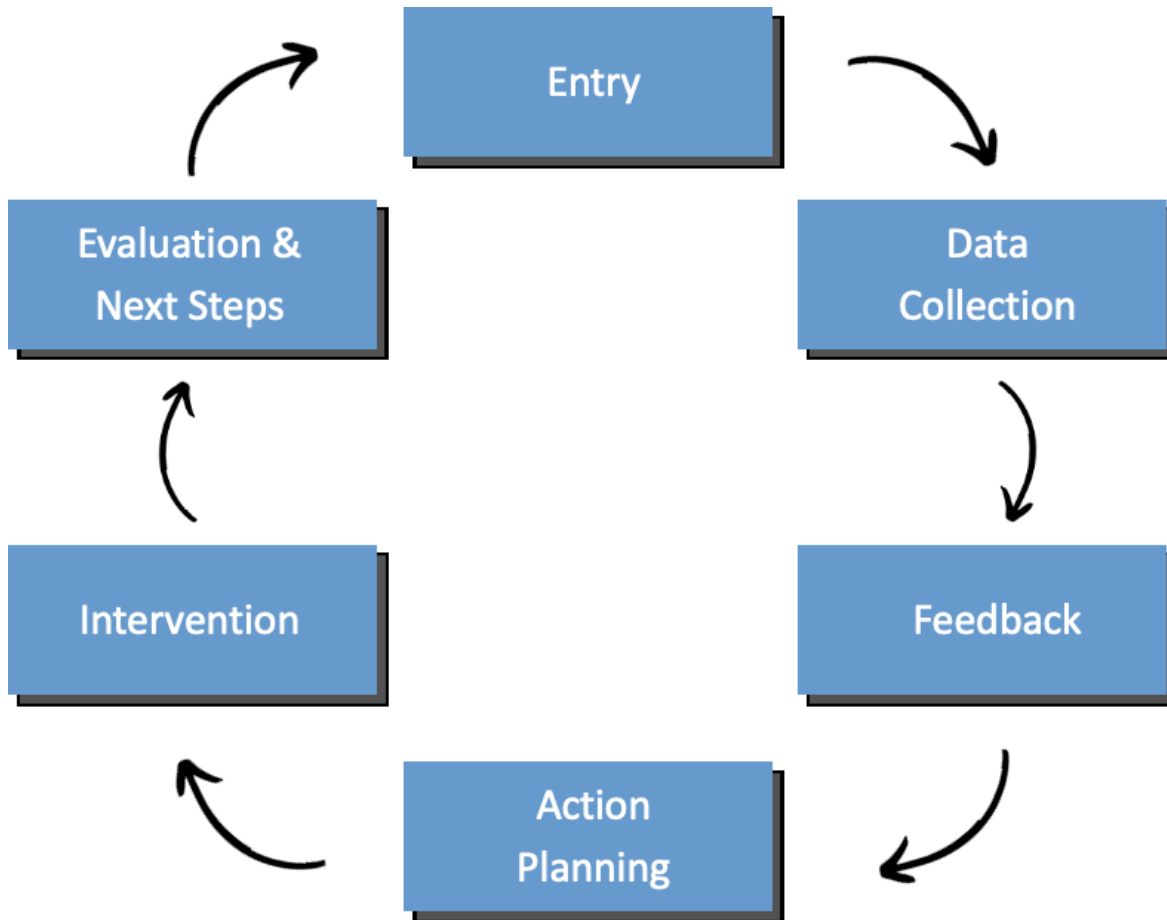


Action Research Cycle



Inspired by the work of Kurt Lewin