

Day 1 Agenda

“Radical self-love demands that we see ourselves and others in the fullness of our complexities.”

- Sonya Renee Taylor

Welcome, Group Introductions & Framing

Self & Role

Group Agreements

Lay It On the Line

Active Listening

Generational Profiles

Identity Equation

What Am I Inheriting?

Money Messages

Motivational Values

Closing & Assignment for Tomorrow

Day 2 Agenda

**“When day comes, we step out of the shade, aflame and unafraid.
The new dawn blooms as we free it.
For there is always light,**

**If only we’re brave enough to see it.
If only we’re brave enough to be it.”**

- Amanda Gorman

What’s Next

The Action Research Method

Action Research: Entry

Action Research: Data Collection

Action Research: Feedback

Action Research: Action Planning

Action Research: Intervention

Picture Your Legacy

Action Research: Evaluation

Closing & Thank You